



MOUNT OLIVET ROLLING ACRES

DISCOVER SUMMER

2009 Day Program for Youth with ASD

"I would rate it (2008 Summer Program) a 10 because my teen looked forward to going every day and he really liked the field trips. I think the kids were well supervised and kept safe, and the staff were energetic and enthusiastic" A camper's parent

Mount Olivet Rolling Acres (MORA) was founded over 50 years ago by a group of parents, initially as a summer camp for children with disabilities. MORA currently provides high quality, long-term residential services and a variety of short-term support services for over 700 children and adults with disabilities throughout the Twin Cities. An area of focus in recent years has been behavior services for adolescents on the autism spectrum.

In the summer of 2008, MORA began offering therapeutic day camp sessions for teenagers on the autism spectrum. **The location is our campus on Schutz Lake in Victoria**, the original summer camp, now our center of operations. It is a picturesque and serene environment that is the perfect backdrop to a comfortable camp-like experience. Facilities include a computer lab with multiple stations, a gymnasium with fitness and sensory equipment, a waterfront with beach, boats, and fishing, extensive grounds with in-ground trampolines, a recreation room with multiple games and activities. **After the success of last year's sessions, we are expanding in the program in 2009 to include more weeks and two age ranges.**

The Summer Program sessions at MORA are for **teens, age 15 to 20**, and **kids, age 9 to 14**. These will be **small group** (4 to 8 per session) programs, designed for those children that need an alternative to more traditional summer day camp programs, including those with significant behavior challenges. The program will have a structure that is socially engaging to youth, but will have the flexibility to meet individual interests with regards to preferences and environment. Program emphasis will be on increasing knowledge in areas of interest, while building social skills, learning coping skills, and increasing physical fitness in a low stress environment.

Activities will include community field trips related to the theme of each week's program. Weekly themes will include rocket building, electronic music, roller coasters, digital film making, and more. The daily activities will be defined based on the abilities and interests of each group. Applications will be accepted beginning in February and continuing until all sessions are filled.

The Sessions will be one week long, **Monday through Friday**, with the option to sign up for multiple sessions. Each day will **start at 9:00 AM and end at 3:30 PM**, with lunch provided. The Summer Program Team will include nursing staff on site as needed and will have the services of on-site Behavioral Analysts who are highly skilled in autism. All of the staff are behaviorally skilled and experienced in youth challenges, including major meltdowns. The staff/participant ratio will be one to two.

.This year's fee will be **\$600 per week**.

Dates: 9-14 age group: June 15 to 19, July 20 to 24, August 10 to 14

15-20 age group: June 22 to 26, July 6 to 10, July 27 to 31, Aug. 3 to 7, Aug. 17 to 21

For more information see our website at <www.mtolivetrollingacres.org> or contact;
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